

NEBOSH

International General Certificate (IGC)

Open Book Examination (OBE)

Occupational Health & Safety | RQF Level 3 | 103 Hours



10

Days

L3

Level

12

Months

5

Years

Enrol / Book Now

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Course Overview

The **NEBOSH International General Certificate in Occupational Health and Safety (IGC)** provides a comprehensive understanding of workplace health and safety principles. It is ideal for individuals responsible for managing day-to-day workplace risks and is applicable across all industries and organisations worldwide.

For those pursuing a career in occupational health and safety, the IGC is a highly respected qualification recognised by employers internationally. It provides a strong foundation in health and safety management, best practices, and risk control measures, while supporting progression to higher-level professional qualifications.

Benefits of Achieving the NEBOSH Certificate

- Enhance career opportunities with a globally recognised qualification
- Develop confidence to effectively manage workplace H&S; risks
- Build a solid foundation for a successful H&S; career
- Support progression into H&S; Officer, EHS Advisor & Safety Coordinator roles
- Improve professional credibility with employers worldwide
- Internationally recognised NEBOSH Certificate on successful completion

At a Glance

Education Level	RQF Level 3 (equivalent to A-Levels in the UK)
Study Hours	103 hours of study + Assessment
Training Duration	10 Days (65 hours) + Assessment
NCB eLearning Access Period	12 months
NEBOSH Completion Period	5 years from first assessment
Availability	Worldwide – Classroom, Live Online, E-Learning

Course Curriculum

The NEBOSH IGC is based on international standards and best practice. It comprises two units that must be successfully completed within five years.

Unit GIC1: Management of Health and Safety

Assessed by 24-hour scenario-based open-book assessment (at home)

- Element 1** Why we should manage workplace health and safety
- Element 2** How health and safety management systems work and what they look like
- Element 3** Managing risk – understanding people and processes
- Element 4** Health and safety monitoring and measuring

Unit GIC2: Risk Assessment

Practical assessment in your workplace – minimum 60/100 marks to pass

- | | |
|--|---------------------------------|
| Element 5 Physical and psychological health | Element 9 Work equipment |
| Element 6 Musculoskeletal health | Element 10 Fire |
| Element 7 Chemical and biological agents | Element 11 Electricity |
| Element 8 General workplace issues | |

Entry Requirements

There are no formal entry requirements for this qualification. However, learners must have a suitable standard of English. NEBOSH recommends a minimum equivalent to an **IELTS score of 6.0** or higher.

Assessment Details & Pass Standards

Unit	Method	Requirement
GIC1	Scenario-based open-book assessment (at home) 24 hours to complete and submit	Overall grade based on GIC1 score
GIC2	Practical risk assessment in your workplace or another suitable workplace	Minimum 60/100 marks to pass

Pass Grade Standards (GIC1)

Grade	Marks Required
Distinction	75 marks or above
Credit	65 – 74 marks
Pass	45 – 64 marks

You may choose to resit the GIC1 assessment to improve your final grade, even if you have already passed.

Course Fees

Study Mode	Approximate Fee (KD)
Training Centre Attendance	450 KD
Live Online	225 KD
E-Learning	200 KD
Online Course (Starting From)	200 KD
NEBOSH IGC Re-sit Exam Fee	90 KD

2026 Training & Examination Schedule

Training runs from the **20th to 30th of each month**. GIC1 digital assessment: learners have **24 hours** to access, complete and submit, starting from 11am UK time on the exam date.

GIC1 — Digital Assessment Schedule

Training Period	Exam Date (GIC1)	Language	Results Date
20–30 May 2026	03 June 2026	All languages	26 Aug 2026
20–30 June 2026	08 July 2026	English only	01 Oct 2026
20–30 July 2026	05 Aug 2026	English only	29 Oct 2026
20–30 Aug 2026	09 Sep 2026	All languages	18 Nov 2026
20–30 Oct 2026	07 Oct 2026	English only	16 Dec 2026
20–30 Nov 2026	04 Nov 2026	English only	21 Jan 2027
20–30 Dec 2026	02 Dec 2026	All languages	04 Mar 2027

GIC2 — Practical Assessment Submission Deadlines

Submission Deadline	Language	Results Date
18 March 2026	All languages	02 June 2026
22 April 2026	English only	03 July 2026
20 May 2026	English only	30 July 2026
17 June 2026	All languages	26 Aug 2026
22 July 2026	English only	01 Oct 2026
19 Aug 2026	English only	29 Oct 2026
23 Sep 2026	All languages	02 Dec 2026
21 Oct 2026	English only	07 Jan 2027
18 Nov 2026	English only	04 Feb 2027
16 Dec 2026	All languages	04 Mar 2027

Frequently Asked Questions

Q: How does the assessment work?

A: There are two assessments, one for each unit. Unit GIC1 is a scenario-based assessment completed at home (24 hours). Unit GIC2 is a practical risk assessment in your workplace (minimum 60/100 to pass). Both must be passed within 5 years.

Q: Where can I sit my exams?

A: GIC1 is completed online from home. GIC2 is completed in your workplace or another suitable workplace. There is no requirement to attend an assessment centre.

Q: How long does the course take to complete?

A: This is a 10-day virtual/e-learning training course followed by the required assessments.

Q: Is the certificate the same for online vs classroom study?

A: Yes – the NEBOSH Certificate is identical regardless of the study mode used.

Q: What can I study after the IGC?

A: A Level 6 NVQ Diploma in Occupational Health & Safety is the next progression step. You can also study IOSH Managing Safety, ISO 45001 Lead Auditor, or specialist CPD courses.

Q: What if I fail an assessment?

A: You can book a resit with the NCB exams team. NEBOSH will provide a mark breakdown and, for GIC2, examiner feedback to help you improve before resubmitting.

Q: Do I need prior H&S; experience?

A: No. The Certificate can be studied by learners with no prior health and safety experience.

Career Pathways

Common career roles requiring NEBOSH IGC or equivalent:

✓ Health & Safety Officer	✓ EHS Officer	✓ Health & Safety Advisor
✓ Health & Safety Coordinator	✓ Safety Supervisor	✓ EHS Manager

Contact Us & Enrol Today

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GIC1 — Scenario-Based Digital Assessment

Essential Learner Guidance (Q023 v8 · PD030)

What is the GIC1 Assessment?

The GIC1 is a **scenario-based open-book digital assessment** completed at home. You are given a realistic workplace scenario followed by tasks that test your ability to **apply** health and safety knowledge — not just recall it. Expected working time: **5 hours**. You receive a **24-hour window** (starting 11 am UK time) to accommodate different time zones and personal commitments.

How to Prepare — Key Points

- ✓ **Revise thoroughly** — open-book does not mean no preparation. You need to find information *fast*.
- ✓ Organise your notes so you can locate any topic in seconds during the assessment.
- ✓ Complete wider reading *before* exam day — focus on applying knowledge, not researching basics.
- ✓ Download a **sample question paper** from the NEBOSH website and attempt it under timed conditions.
- ✓ Set up a comfortable, quiet space: desk, good lighting, clock (UK time), refreshments.
- ✓ Plan your time: draft → reflect → amend → submit. Leave a buffer before the 24-hour deadline.

★ **TIP** Read the scenario from start to finish at least once before answering. Clues are 'seeded' throughout — the answer is rarely stated directly.

Understanding the Scenario — 'Show, Not Tell'

NEBOSH scenarios use a '**show, not tell**' principle. Rather than stating a problem directly, indicators are embedded — attitudes, behaviours, decisions — and you must make a **logical inference**. Support every inference with a specific scenario reference. Simply copying a sentence earns **no marks**.

Scenario clue (what you read)	What you should infer & state
Manager says targets must be hit — 'don't care how it's done'	Management prioritises production over H&S; → negative safety culture
Manager rarely seen in the workplace	Poor management commitment → weak safety leadership
Site visitor not added to emergency roll-call	Absent or ineffective visitor management procedure

Answering Questions — What Earns Marks?

Question wording	What the examiner expects
'Explain...'	Tell the examiner clearly what you know, linked to the scenario.
'Comment on...'	Detailed analysis of positives AND negatives with scenario evidence.
'Evaluate...' / 'How effective...'	Balanced judgement — what works and what does not — supported by scenario evidence.
'Scenario only' note	Draw exclusively from the scenario — no generic/theoretical answers.
'Support your answer' note	Combine theoretical knowledge with specific evidence from the scenario.

Quality, not quantity. A 8-mark question needs 8 unique valid points. Repeating the same point differently earns 0 extra marks. Stay within +10% of recommended word count.

■ **IMPORTANT** Do NOT copy and paste text from textbooks or the scenario. All submissions are scrutinised for plagiarism. All content must be in your own words; paraphrased material must be referenced.

Assessment Rules — Permitted vs. Not Permitted

✓ PERMITTED	✗ NOT PERMITTED
Refer to your own course and revision notes	Communicate with other learners about the assessment
Look up textbooks, journals and online sources	Seek help from family, friends or proof-readers
Include a reference list of all sources used	Receive assistance from your LP during the assessment
Work at your own pace within the 24-hour window	Submit late — late submissions are not accepted or marked

Closing Interview & GIC2 Practical Submission

Essential Learner Guidance (Q023 v8 · CX039 v1)

GIC1 Closing Interview — Everything You Need to Know

After submitting your GIC1 digital assessment you **must** attend a closing interview arranged by NCB to confirm the submitted work is genuinely yours. **If you do not attend, your mark will not be awarded.**

Topic	Details
Format	Video link (Zoom/Skype) or in-person, arranged by NCB
ID required	Passport, driving licence, or national identity card
Room	Private; interviewer must see the door. No notes or devices visible.
Persons present	You only (exceptions for dependants or approved reasonable adjustments)
Questions	Based on your submitted answers — demonstrate your understanding
Marked?	No mark given; identity/authenticity check only
If concerns arise	Interviewer notifies NEBOSH → possible second interview or investigation

★ **TIP** Practise explaining what you wrote over a video call so you get comfortable presenting. Answer honestly; the interviewer is not marking you.

Malpractice — Plagiarism, Collusion & Impersonation

Offence	Definition	Consequence
Plagiarism	Using text or ideas without referencing, or submitting another person's work as your own.	Penalty points; possible ban from future NEBOSH assessments.
Collusion	Two or more learners producing the same/similar submission, or sharing work.	Both parties liable; severe sanctions up to permanent ban.
Impersonation	Asking another person to complete all/part of the assessment on your behalf.	Detected at closing interview; results cancelled and malpractice recorded.
AI-generated content	Submitting AI-generated text as your own without acknowledgement.	Treated as plagiarism under NEBOSH's malpractice policy.

■ **IMPORTANT** All submissions are checked using plagiarism/collusion detection software. Repeated or serious malpractice may result in a permanent ban from NEBOSH qualifications.

GIC2 Practical Assessment — Submission Checklist

1. **Register** with NCB for a specific submission date. Use a *personal* email — company firewalls may block NEBOSH communications.
2. **Log in early** — ~8 working days before deadline you receive login details. Change password and explore the platform.
3. **File format:** PDF only. Handwritten assessments (including photos/scans) are not accepted. Max 100 MB.
4. **Naming:** *Practical Assessment [Learner No.] [Initials] [Month] [Year]*
5. **Remove** any reference to NCB from the document. Include your NEBOSH learner number on every page.
6. **Declare** the work is your own and agree to Turnitin EULA before clicking 'Save changes'.
7. **Submit early** — high traffic near deadlines may cause delays.

8. Confirm receipt — a green confirmation appears on-screen. Keep a copy until results are declared.

9. Results issued up to 60 working days from assessment date, sent to your registered email.

★ **TIP** *The deadline is always midnight UK local time. Kuwait (UTC+3) in summer (BST) = 2:00 am; in winter (GMT) = 3:00 am. Plan to submit the evening before to be safe.*

Full Syllabus & Learning Outcomes

NEBOSH IGC — Official Qualification Guide for Learners (Version 1, January 2026)

Note on Assessment Time

GIC1: **5 hours expected working time** within a **24-hour window**. GIC2: approximately **4 hours** of on-site work before submission.

Syllabus Summary — All 11 Elements

#	Element Title	Unit / Assessment
1	Why we should manage workplace health and safety	GIC1 (OBE) + also GIC2
2	How health and safety management systems work and what they look like	GIC1 (OBE) + also GIC2
3	Managing risk — understanding people and processes	GIC1 (OBE) + also GIC2
4	Health and safety monitoring and measuring	GIC1 (OBE)
5	Physical and psychological health	GIC2 (Practical)
6	Musculoskeletal health	GIC2 (Practical)
7	Chemical and biological agents	GIC2 (Practical)
8	General workplace issues	GIC2 (Practical)
9	Work equipment	GIC2 (Practical)
10	Fire	GIC2 (Practical)
11	Electricity	GIC2 (Practical)

Learning Outcomes & Assessment Criteria

Learning Outcome	Content	Assessment Criteria	Assessed
Justify H&S; improvements (moral, financial, legal)	1.1–1.2	Discuss moral/financial/legal reasons Recognise how H&S; is regulated	GIC1, GIC2
Understand main H&S; duties and contractor management	1.3	Recognise main H&S; duties Describe contractor selection, monitoring and management	GIC1
Work within H&S; management system; know effective H&S; policy	2.1–2.2	Identify key components (ISO 45001/ILO-OSH2001) Recognise benefits/limitations Recognise key policy components	GIC1, GIC2
Positively influence H&S; culture and behaviour	3.1–3.3	Recognise how culture influences performance Recognise how to improve H&S; culture Outline how human factors influence behaviour	GIC1, GIC2
Assess general workplace risks	1.1,1.2,3.4,(5–11)	Apply risk assessment principles Produce a suitable and sufficient risk assessment	GIC1, GIC2
Understand impact of workplace changes	3.5	Describe how change creates H&S; impacts and how to manage them	GIC1, GIC2
Develop safe systems of work and emergency procedures	3.6–3.8	Outline SSoW considerations Identify PTW role/function Understand emergency procedures and first-aid provision	GIC1, GIC2

Take part in incident investigations	4.1	Recognise why and how incidents should be investigated, recorded and reported	GIC1
Monitor H&S; management system effectiveness	4.2–4.4	Recognise monitoring methods Recognise why/how audits are used Recognise why regular reviews are needed	GIC1
Understand common hazards, risks and controls	5–11	Describe hazards and risks Outline and evaluate existing controls Explain suitable additional controls	GIC2

What You Gain — Benefits, Memberships & Key Rules

From the NEBOSH IGC Qualification Guide for Learners (v1, January 2026)

Benefits for You — What You Will Be Able to Do After the IGC

- ✓ Justify the need for H&S; improvements using moral, financial and legal arguments
- ✓ Advise on the main duties for health and safety in the workplace
- ✓ Help your organisation to manage contractors safely and compliantly
- ✓ Work effectively within a H&S; management system (ISO 45001 / ILO-OSH2001)
- ✓ Positively influence health and safety culture and worker behaviour
- ✓ Carry out a general risk assessment using a 5-step approach in any workplace
- ✓ Recognise workplace changes and their H&S; impacts, and know how to minimise them
- ✓ Develop safe systems of work including emergency arrangements and permit-to-work systems
- ✓ Take part in incident investigations and understand reporting obligations
- ✓ Help your employer monitor and review H&S; management system effectiveness

Benefits for Your Employer

When you achieve the IGC you become a significant asset. You will have the knowledge and skills to help **protect all workers**, help your employer **comply with the law** and good practice, and help avoid the enormous costs of workplace incidents and ill-health.

Professional Memberships Unlocked by the NEBOSH IGC

Membership Body	Category	Designatory Letters
International Institute of Risk and Safety Management (IIRSM)	Associate	AIIRSM
Institution of Occupational Safety and Health (IOSH)	Associate	AIOSH
Institution of Occupational Safety and Health (IOSH)	Technical	Tech IOSH

Achieving the Qualification — Important Rules

Rule	Detail
Units required	Both GIC1 AND GIC2 must be passed before the parchment is issued.
Completion window	5 years from the date you pass your first unit. Units 5+ years old must be retaken.
Parchment issue	Issued within 40 working days of your final successful unit.
Re-sit to improve grade	Notify NEBOSH in writing within 20 working days of your second successful unit declaration.
Re-sit if referred	No limit on re-sits within 5 years. Re-sit marks are not capped ; lower re-sit marks don't overwrite originals.
Individual unit certificates	Issued only on written request to NEBOSH.
Enquiry About Result (EAR)	20 working days from the declaration date of your second successful unit (fee applies).
GIC2 grade	GIC2 is Pass or Refer only — does not contribute to the overall qualification grade.

Languages Available

English, Arabic, French, Portuguese (European), Russian, Spanish (European) and Turkish.

Note: GIC1 OBE in languages other than English cannot be taken in the UK.

10-Day Course Timetable

NCB Classroom / Live Online — Training runs 20th–30th of each month

Training runs over **10 days (65 contact hours)** covering all GIC1 and GIC2 syllabus elements. Timings are indicative; your tutor may adjust order slightly to reflect the cohort's needs.

Day	Session	Element(s) Covered	Key Topics
1	AM 09:00–12:30	Element 1 — Why We Manage H&S;	• Course induction & overview • Moral, financial and legal reasons for H&S; • Key legislation (ILO / national frameworks) • Regulators and enforcement
1	PM 13:30–17:00	Element 1 continued	• Main H&S; duties of employers, employees and others • Contractor selection, monitoring and management • Q&A;
2	AM 09:00–12:30	Element 2 — H&S; Management Systems	• ISO 45001 and ILO-OSH2001 overview • Plan–Do–Check–Act (PDCA) model • Benefits and limitations of formal H&S; management systems
2	PM 13:30–17:00	Element 2 continued	• Effective H&S; policy (statement, organisation, arrangements) • Roles and responsibilities • Worked examples and exercises
3	AM 09:00–12:30	Element 3 — Managing Risk Pt 1	• H&S; culture indicators • How culture influences performance • Improving H&S; culture • Human factors
3	PM 13:30–17:00	Element 3 continued	• Individual, job and organisational factors • Behaviour-based safety • Risk perception and attitudes to risk
4	AM 09:00–12:30	Element 3 — Managing Risk Pt 2	• 5-step risk assessment process • Hierarchy of control (ERIC-PD) • Suitable and sufficient risk assessments
4	PM 13:30–17:00	Element 3 continued	• Managing change (MOC) and H&S; impacts • Safe systems of work (SSoW) • Permit-to-work (PTW) systems — role, function and operation
5	AM 09:00–12:30	Element 3 Pt 3 + Element 4	• Emergency procedures — planning, training and testing • First-aid provision • Incident investigation: why, how, RIDDOR/ILO reporting
5	PM 13:30–17:00	Element 4 — H&S; Monitoring	• Active vs reactive monitoring • Inspections, audits and reviews • Performance indicators • GIC2 briefing and risk assessment template walkthrough
6	AM 09:00–12:30	Elements 5 & 6 — Health Hazards	• Physical hazards: noise, vibration, radiation, temperature • Stress, fatigue, bullying • Musculoskeletal disorders (MSDs) — causes and risks
6	PM 13:30–17:00	Elements 5 & 6 continued	• Manual handling risk assessment • Display screen equipment (DSE) • Control measures for health hazards — practical examples
7	AM 09:00–12:30	Element 7 — Chemical & Biological	• Chemical hazard forms • Routes of entry into the body • Biological hazards and health effects

7	PM 13:30–17:00	Element 7 continued	<ul style="list-style-type: none"> • COSHH / equivalent national regulations • Hierarchy of controls • Health surveillance and occupational exposure limits
8	AM 09:00–12:30	Element 8 — General Workplace	<ul style="list-style-type: none"> • Welfare facilities • Working environment: space, lighting, temperature, ventilation • Housekeeping and waste management
8	PM 13:30–17:00	Elem. 8 continued + Element 9	<ul style="list-style-type: none"> • Slips, trips and falls • Work at height — risk assessment and prevention • Work equipment — legal requirements, inspection and maintenance
9	AM 09:00–12:30	Elem. 9 continued + Element 10	<ul style="list-style-type: none"> • Machinery hazards • Guarding methods • Fire triangle • Fire risk assessment process
9	PM 13:30–17:00	Elem. 10 continued + Element 11	<ul style="list-style-type: none"> • Fire detection, alarm, suppression and evacuation • Electrical hazards • Safe use of electricity: PAT, isolation, RCDs
10	Full Day 09:00–17:00	Revision, Mock & GIC1 Briefing	<ul style="list-style-type: none"> • Full syllabus recap (Elements 1–11) • Timed mock scenario with tutor feedback • GIC1 open-book technique • GIC2 guidance • Exam-readiness checklist

★ **TIP** The GIC1 exam window opens at 11 am UK time on the exam date. GIC2 must be submitted by the relevant deadline (midnight UK time). See the Schedule page for all 2026 dates.

GIC2 Practical Risk Assessment — Full Guidance

What to do, how to do it, and how it is marked

What is the GIC2?

GIC2 is a **practical risk assessment of a real workplace** — ideally your own. It tests your ability to identify hazards, evaluate risks and recommend suitable controls across Elements 1–11. Pass mark: **60/100**. GIC2 is Pass or Refer only — it does **not** affect your overall qualification grade.

The 5-Step Risk Assessment Approach

Step 1	Identify hazards	Walk around and identify all significant hazards (physical, chemical, biological, ergonomic, psychosocial). Cover Elements 5–11.
	Who might be harmed	Consider all persons at risk: employees, contractors, visitors, members of the public, vulnerable groups.
Step 3	Evaluate risks and decide on precautions	Assess likelihood and severity. Note existing controls. Evaluate adequacy. Apply hierarchy of control (Eliminate → Substitute → Engineering → Administrative → PPE).
	Record findings	Complete the NEBOSH risk assessment template. Include hazard, persons at risk, existing controls, risk rating, and recommended additional controls. Learner number on every page.
Step 5	Review and update	Describe how and when the risk assessment should be reviewed and triggers for early review.

GIC2 Marking Criteria

Criteria Area	What earns marks
Hazard identification	Accurately named hazards relevant to the real workplace. Generic hazards score less.
Persons at risk	Named or described clearly — not just 'employees'.
Existing controls	Realistic controls actually observed. Do not invent controls that don't exist.
Evaluation of controls	Justify whether existing controls are adequate, with brief reasoning.
Recommended additional controls	Specific, practicable recommendations following the hierarchy of control.
Presentation	Logical structure, learner number on every page, submitted as PDF, correctly named.


■ IMPORTANT Do not include NCB's name anywhere in your GIC2 document. Submit only ONE file (PDF, max 100 MB). Handwritten or image-converted submissions are not accepted.

Full Grade Boundaries (GIC1) — Quick Reference

Grade	Marks (out of 100)	What it means
Distinction	75 marks or above	Exceptional performance — highest qualification grade
Credit	65 – 74 marks	Strong performance above pass standard
Pass	45 – 64 marks	Meets the qualification standard
Refer	0 – 44 marks	Below pass standard — resit required (re-sit marks not capped)

GIC2	60/100 minimum to pass	Pass or Refer only — does not affect overall grade
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National Certification Bureau HSE Training & Consultancy

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Register Now — Online Registration

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■ Working Hours

Sun – Thu: 9:00 AM – 5:00 PM | Fri–Sat: Closed

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